

Ashland - Boyd County 4-H



4-H Youth Development Newsletter
SEPTEMBER 2024



HEAD



HEART



HANDS



HEALTH

A Message from the Agent



Dear Friend of 4-H,

Hello! As we settle in for a new program year, I wanted to take a moment to reflect on our summer programs and activities. **We were on the GO!** In June we attended the 100th 4-H Teen Conference, hosted a 4-H Horse Camp and celebrated the official start of Summer making kites at Central Park's Longest Day of Play.

Our 4-H Team and a group of volunteers celebrated the 4th of July with 79 Boyd County Campers at North Central 4-H Camp in Carlisle, Kentucky. We were happy to spend time with friends both old and new and of course make new memories to cherish! *(Camp 2025 dates coming soon!)*

August found us dividing our time between both the Boyd County and the Kentucky State Fairs. We were excited to see many of you enjoying fair activities! We are especially proud of our 4-H Club Members that entered Country Ham Projects and other entries in the Fair exhibits, our Horse and Dog Club members that showed their animals, Livestock members that raised animals to show and later sell at auction. Thank you to everyone for a great fair, especially parents and the Auction Buyers for their support of these talented kids! Our first ever Farm to Fork dinner event was held at the Port of Catlettsburg. This was a labor of love by many tireless volunteers, and we are filled with gratitude to them, the dinner attendees and the corporate and private event sponsors, as this event benefited Boyd 4-H, Ashland FFA and Boyd Co. FFA.

Summer has faded into Fall. We have some great programs and events planned for the new year! Remember to fill out a new 2024-25 enrollment form! We hope to see you soon!

Sincerely,

Rebecca W. Staller

County Extension Agent
for 4-H Youth Development

AMPLIFY
KENTUCKY 4-H



Boyd County Cooperative Extension - 2420 Center St. - Catlettsburg, KY 41129

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.



4-H Horse Camp: No Horse, No Problem

TO MAKE
THE BEST
BETTER 🍀

In early June, 4-H Certified Horse Leaders partnered with the Boyd County Saddle Club to hold Horse Camp at the Boyd County Extension Education Center. The two day camp was for both beginning and experienced riders. Participants enjoyed a variety of horse themed games, crafts and time in the barns and arena. Club members brought horses to “share” with participants ensuring everyone was able to enjoy hands on learning and riding. We appreciate the effort of all of those involved with this quality program. It was a great success!



Boyd County 4-H at the Kentucky State Fair

Saddle Up, Let's Go!



We could not be more proud of our 4-H Saddleite Club Members who represented Boyd County at the State 4-H Horse Show in Louisville.

Thank you Angelyna, Aliza and Conner for your dedication and always exhibiting exemplary horsemanship!



Country Ham Projects



The Country Ham is distinctive to Kentucky and the Southeast. The 4-H Country Ham project begins in January and ends at the Kentucky State Fair. The project began in the late 1990's with approximately 40 4-Hers and has grown to over 1000 from the majority of the counties in the Commonwealth. The hams are judged at the state fair while the 4-Hers give a three to five minute speech on their experiences in the project. The 4-H Country Ham Project not only teaches Kentucky's youth about where their food comes from, but also teaches them about our food heritage.

Kynnzlee and Lydia represented Boyd County well this year.



Discover Yourself in 4-H

4-H Horse Club

The Boyd County 4-H Horse Club meets the 1st Thursday of the month at the Boyd County Education Center, 1758 Addington Rd., Coalton 6:30 PM

Horse ownership is not a requirement for participation in this club

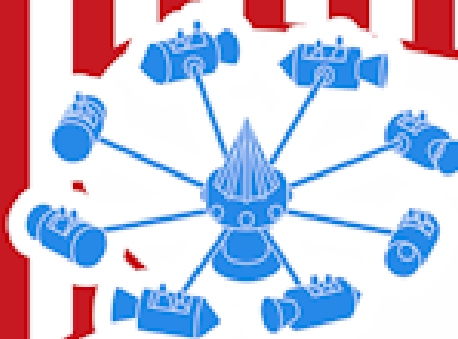


LIVESTOCK CLUB

Meets the third Thursday of the month at 6:30 PM
Boyd County Education Center
1758 Addington Rd., Coalton

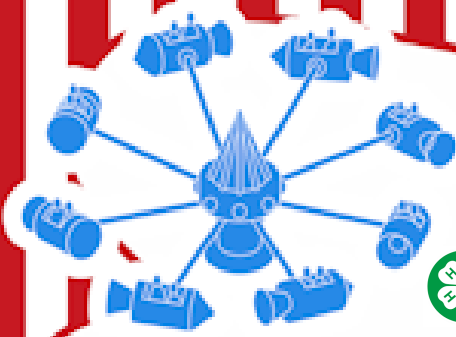


**To register or for more information contact
Becky Stahler at 606-739-5184 or rstahler@uky.edu**

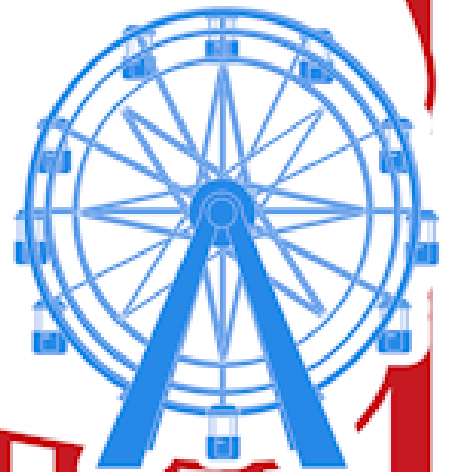


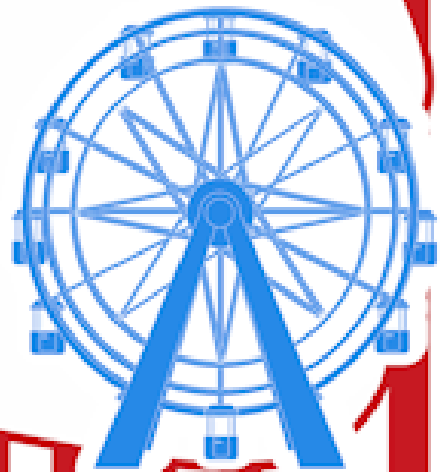
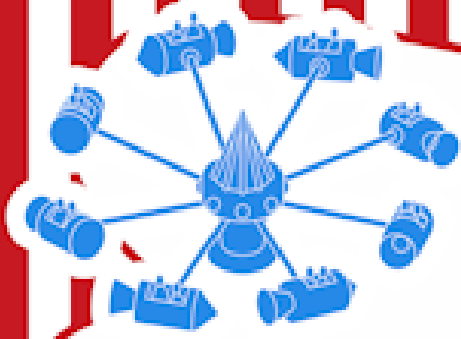
CONGRATULATIONS
*4-H Horse & Livestock
Club Members for a
successful Fair Season!*





THANK YOU
Auction Buyers and
Attendees for coming
out in support of
Boyd County 4-H Youth





THANK YOU TO OUR WONDERFUL
CAMP SPONSORS AND VOLUNTEERS
FOR AN INCREDIBLE 4-H CAMP EXPERIENCE!



DATES FOR 2025 4-H CAMP COMING SOON!!!
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# 4-H SUMMER CAMP





## Boyd County 4-H Teen Council Members attend Teen Conference



Boyd County 4-H Teen Council representatives along with Agent Becky Stahler and a Program Assistant attended the **100 Year Celebration of the Kentucky 4-H Teen Conference** held in June at the University of Kentucky. Participants stayed in UK housing, took classes, attended social and networking events with teens from across the state and participated in acts of Community Service in and around the Lexington area. This is an excellent program for teens to experience life on a college campus.



## Communication is Key



In July, three students from Cannonsburg Elementary presented their speeches and demonstrations at the **Kentucky 4-H State Speech Competition** in Nicholasville.

These young ladies really put in the work with their projects winning at the school, county and regional levels.

**Way to go girls!!!**



### 4-H Teen Council

*Teen Council meets at 4:30 PM the second Tuesday of each month at the Boyd County Cooperative Extension Office 2420 Center St., Catlettsburg*

*Call Becky Stahler at 606-739-5184 for more details*



## CONGRATULATIONS!

To all area students that participated and won in your school, county, and regional speech competition events



### 4-H DOG CLUB

*Explore dog care, health, training and more!*

For students aged 5-18

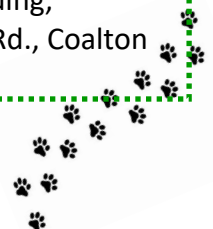
Club meets the 2nd Thursday of the month at the Boyd County Education Center Expo Building, 1758 Addington Rd., Coalton



*Kentucky's 4-H Program would not exist without its thousands of volunteers. 4-H volunteers coordinate 4-H community clubs, lead 4-H projects, and help plan and conduct local, regional, state, and national 4-H events.*

*Interested in sharing your time and talent with local youth?*

*Call Boyd County's 4-H Youth Development Agent, Becky Stahler at 606-739-5184 to discuss volunteer opportunities.*



# FARM TO FORK

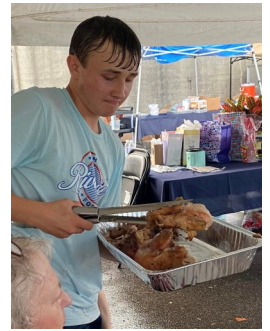
A small group of loyal Boyd County Extension and 4-H Volunteers had a vision: to host a Farm to Fork dinner event riverside at the Port of Catlettsburg. For weeks, they worked tirelessly planning and preparing for a sit down meal for 100 guests. Excitement grew and tickets soon sold out. The day of the event, there was a rainy,



thunderous downpour mere minutes before start time, which ultimately left us with a few soggy seats but in turn gifted us the most colorful backdrop - a magnificent rainbow. It turned into a wonderful evening and was well attended despite the weather forecast. Musical entertainment was provided by Ashton Duncan and Holly Forbes. Guests enjoyed multiple courses made with local ingredients prepared by volunteers and served

by 4-H Livestock Club members, their parents and volunteers. A heartfelt thank you to every person in attendance and those of you who offered cash and in kind donations, and to our dinner sponsors who shared in our vision.

**We appreciate every single one of you!**



## Thank you to our event sponsors:

*Boyd County Tourism & Convention Bureau*

*Hart Sanitation*

*Marathon Ashland Petroleum*

*Ashland Rotary International*

*Hobbs Mortgage Group*

*UK King's Daughters*

*Bill Cole Automotive*

*Members Choice Credit Union*

*Kentucky Farm Bureau*

*Ashland Breakfast Kiwanis*

*Edward Jones Deanna K. Patrick*

*Imel's Greenhouse*

## This event would not have been possible without the following groups and individuals:

*Ms. Paula Thompson*

*Mrs. Glorious Hensley*

*Ms. Rhonella Chaffin*

*The City of Catlettsburg*

*The Boyd County Master Gardeners*

*The Boyd County Homemakers*

*Boyd County 4-H Livestock Club*







# 2023

## NATIONAL 4-H INDEX STUDY

Project-based learning and Positive Youth Development (PYD) have long been the intended outcomes of 4-H. The **2023 National 4-H Index Study** combines the measurement of program outcomes using **4-H Common Measures** and the assessment of Positive Youth Development through the **4-H Thriving Model**. The following findings summarize the second wave of national index data collection and are consistent with the 2022 findings, indicating the stable impact of 4-H on key youth development outcomes.



### YOUTH SNAPSHOT



3,958 youth from 19 states participated in the study.

## 15.13

Average age of youth was 15.13 years.

## 11.08

Youth started in 4-H at an average age of 11.08.

#### YOUTH SELF-IDENTIFIED AS:

**90%** White or Caucasian

**64%** Female

**4.04 YEARS** Youth averaged 4.04 years in 4-H.

## 4-H PROGRAM OUTCOMES

Youth reported strong and positive experiences in 4-H programs that promote youth **sparks**, foster **developmental relationships**, and provide a place for **belonging**.

### POSITIVE YOUTH DEVELOPMENT



Youth who experience a **high-quality developmental context** in 4-H tend to score higher across the four program outcome areas of **civic engagement, college and career readiness, healthy living and science**.

4-H Programs Are

**HIGH QUALITY!**

Youth reported PYD experiences that promote **sparks, relationships** and **belonging**.

4-H Youth Are

**THRIVING!**

Youth reported strong and positive results across the **seven indicators of thriving**.

4-H Youth Achieve

**PYD OUTCOMES!**

Youth reported strong and positive results across all **PYD outcomes**.

Please reference the 4-H Thriving Model on page 3 to learn more about the process of Positive Youth Development.